

# S2S Sports Coaching Agency in partnership with S2S Cycle Trainer

*Delivering Bikeability across the UK*

## What is Bikeability?

Bikeability is the Cycling Proficiency Test for the 21st century, designed to give the next generation the skills and confidence to ride their bikes on today's roads.

There are three Bikeability levels and children will be encouraged and inspired to achieve all three levels, recognising that there is always more to learn and to enjoy on a bike.

Bikeability will give children a life skill that once learnt, they will never forget.

## S2S meets the National Cycling Training Standard

We are registered to undertake Bikeability training and to give out Bikeability badges and certificates to our trained cyclists.

All S2S Coaches delivering Bikeability have been trained and accredited to the National Cycling Training Standard.

## Who is Bikeability for?

Children, parents, schools and local authorities.

However Bikeability is not just about teaching children to ride a bike and equipping them with the necessary skills and knowledge needed to ride a bike safely throughout the rest of their life. It's also about introducing them to cycling as an everyday activity, an alternative mode of transport, an enjoyable pastime, which brings a healthier lifestyle and lots of fun.



## To find out more contact:

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